

Draft Fit & Active Barnet Framework 2022-2026 Consultation

Report of Consultation Findings

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Executive Summary

This report sets out the consultation findings from the Draft Fit & Active Barnet Framework 2022-2026 that was carried out between 12th January 2022 and 9th February 2022.

Response to the consultation

The engagement activities during the consultation period consisted of using Engage Barnet. The option of alternative questionnaire formats was advertised but not taken up by respondents.

Consultation method	Element	Number of responses/participants
Quantitative	Online questionnaire	73
Total		73

Summary of key findings from the questionnaire

Views on the vision

- Four fifths (77%) of respondents agreed with our vision for The Fit & Active Barnet Framework (61% strongly agree and 16% tend to agree).
- A minority of respondents (5%) disagree with our vision (4% strongly disagreed and 1% tend to disagree) and 4% of respondents were neutral.

Reasons why respondents disagreed with the vision

- Respondents who disagreed with the vision were asked why. Answers to this question were received by 8 respondents.
- The most common theme (2 or more comments) are summarised below:
 - Consideration needed for funding (2 comments)
 - Suggestions for more specific wording (2 comments)

Views on the guiding principles

- Most of the respondents agreed with the guiding principles (between 52% and 75%).
- The highest level of support was for 'Promote equality and reduce inequality' which 92% of respondents agreed with (75% strongly agreed and 17% tend to agree).
- The next highest was making 'Physical activity everyone's business' which 87% of respondents agreed with (62 % strongly agreed and 25% tend to agree).
- Similar levels of agreement were received for 'Embed a whole systems approach' and be driven by insight which 82% and 82% of respondents agreed with respectively.

- ‘Challenge the status quo’ received the least agreement with 77% agreeing (53% strongly agreeing and 24% tend to agree). However, this is still the majority that agree with the principle.
- A minority of respondents neither agreed or disagreed with the guiding principles (between 5% and 14%).
- Few respondents disagreed with the principles (between 0% and 3%) and around 5% of respondents were not sure or didn’t know.

Reasons for disagreement with the guiding principles

- Respondents who disagreed with the guiding principles were asked why. Answers to this question were received by 27 respondents.
- The most common themes (2 or more comments) are summarised below:
 - Barriers to access (e.g., cost) (6 comments)
 - Inequalities (4 Comments)
 - Availability of spaces (3 comments)
 - Community Safety (3 Comments)
 - Active Travel (2 comments)

Views on areas to consider in the guiding principles

- Respondents were asked if they felt anything else that should be considered in the guiding principles. 8 respondents answered this question.
- The most common themes (2 or more comments) are summarised below:
 - Barriers to access (e.g., affordability) (2 comments)

Views on Aims of the Framework overall

- The majority of respondents agree with the Aims (between 87% and 92%).
- The highest level of agreement was for Place, 92% of respondents agreed with (84% strongly agreed and 8% tend to agree). This was the highest strongly agree of the three Aims.
- The second highest agreement was for People, 90% of respondents agreed with (76% strongly and 14% tend to agree).
- Partnerships received the lowest level of agreement with 87% agreeing (68% strongly agree and 19% tend to agree). This is still the majority of respondents.

- A small number of respondents were neutral on the three Aims with between 3% and 10% neither agreeing nor disagreeing.
- The minority of respondents disagreed with the Aims with disagreement being between 3% and 2%.
- On average 2% of respondents were not sure whether they agreed with the Aims.

Reasons for disagreement with the Aims

- Respondents who disagreed with the Aims were asked why. Answers to this question were received by 5 respondents.
- The most common themes (2 or more comments) are summarised below:
 - There were no repeated themes within the comments in this section.

Views on areas to consider in the Aims

- Respondents were asked if they felt anything else that should be considered in the Aims. 14 respondents answered this question.
- The most common themes (2 or more comments) are summarised below:
 - Improve transport options including active travel (4 comments)
 - Barriers to access (e.g., Cost) (3 comments)

Views on commitment of Aim 1

- Respondents were asked to rank the commitment within Aim 1 by how important they were to them. 55 respondents answered this question.
- 'Understanding the barriers to participation and identify gaps in provision, to ensure equal and fair access to opportunities for everyone' was the most important commitment within this Aim with a weighted average of 2.98.
- This was followed by 'Providing opportunities to be active, particularly where physical activity levels are lowest, and inequalities exist' and 'Changing behaviours and perceptions towards leading an active and healthier lifestyle' with an average of 2.79 and 2.34.
- The least important commitment was 'Advocating for active lifestyles to be embedded within local policies, strategies and plans and ensure that this is central to decision making' with an average of 2.08.

Views on commitments to include in Aim 1

- Respondents were asked if there were any other commitments they felt should be included in this Aim. 13 answers were received for this question.

- The most common themes (2 or more comments) are summarised below:
 - Consider provisions available for people with a disability (3 comments)
 - Improve transport options including active travel (4 comments)

Suggestions of projects or interventions in Aim 1

- Respondents were asked if they had any suggestions for programmes or interventions that could be done within this Aim. 31 respondents answered this question.
- The most common themes (2 or more comments) are summarised below:
 - Improve active travel infrastructure (7 comments)
 - Culturally specific interventions (3 comments)
 - Improve parks and open spaces infrastructure (2 comments)
 - Barriers to access (e.g., Cost) (2 comments)
 - Consider provisions available for people with a disability (3 comments)

Views on commitment of Aim 2

- Respondents were asked to rank the commitments within this Aim by how important they were to them. 53 respondents answered this question.
- The most important commitments was 'Supporting the protection, revival, and creation of accessible environments' with a weighted average of 3.67.
- This was followed by 'Advocating for active environments to be embedded within local policy, strategies and plans and that this is at the forefront of decision making' (average of 3.24), 'Creating a culture that optimises active travel in the borough' (average of 2.94) and 'Enhancing community spaces through the delivery of targeted physical activity interventions' (average 2.93).
- The least important commitment was 'Encouraging workplaces in the borough to embed physical activity and wellbeing within their business' with an average of 2.6.

Views on commitments to include in Aim 2

- Respondents were asked if there were any other commitments they felt should be included in this Aim. 9 answers were received for this question.
- The most common themes (2 or more comments) are summarised below:
 - Increase active travel and transportation (3 comments)

Suggestions of projects or interventions in Aim 2:

- Respondents were asked if they had any suggestions for programmes or interventions that could be done within this Aim. 13 respondents answered this question.
- The most common themes (2 or more comments) are summarised below:
 - Improve parks and open spaces (3 comments)
 - Improve active travel infrastructure (2 comments)

Views on commitments in Aim 3

- Respondents were asked to rank the commitments within Aim 3 by how important they were to them. 49 respondents answered this question.
- The most important commitment was 'Optimise and secure resources among the partnership to support increased physical activity levels' with a weighted average of 3.
- This was followed by 'Facilitating effective working between partners to deliver the Framework and maximise outcomes' (average of 2.89) and 'Enabling the partnership to advocate the value of physical activity, and its contribution to achieving a range of outcomes' (average 2.43).
- The least important commitment was 'Enabling supportive working between partners to maximise capacity and create efficiencies' with an average of 1.84.

Views on commitments to include in Aim 3

- Respondents were asked if there were any other commitments they felt should be included in this Aim. 7 answers were received for this question.
 - There were no repeated themes within the comments in this section.

Suggestions of projects or interventions in Aim 3

- Respondents were asked if they had any suggestions for programmes or interventions that could be done within this Aim. 10 respondents answered this question.
- The most common themes (2 or more comments) are summarised below:
 - Consider improvements to parks and open spaces infrastructure (3 comments)

Views on the whole Framework

- Respondents were asked if they had any other comments on the draft Fit & Active Barnet Framework after completing the questions on specific sections of the Framework. 15 responses to this question were received.
- The most common themes (2 or more comments) are summarised below:
 - Comments on community support (3 comments)
 - Improve active travel infrastructure (2 comments)

Recommendations

The overall findings of this consultation were that residents were positive about the draft Framework and its proposed direction. The consultation highlighted areas of the Framework that can be updated prior to the final approval of the Framework.

A summary of the key recommendations is below:

- Vision: will be maintained due to high number of responses that agree with the vision.
- Guiding principles:
 - Principle 1 – Consider amending to better reflect and define its purpose e.g., the importance of physical activity being prioritised and integrated beyond traditional ‘sports’ providers.
 - Principle 3 – Consider incorporating sustainability and the importance of delivering across the life course.
 - Principle 4 – Consider wording used within this principle
 - Principle 5 – Consider wording used within this principle
- Aims: Review each Aim and consider amending the commitments with areas raised as important to consultation respondents.
 - For Aim 1, review the wording on the definition of ‘increase physical activity levels amongst everyone’ to make it clear what is meant by this aim.
 - For aim 2, consider expanding on active travel.
 - For aim 3, Consider including sustainability in the aim to ensure ongoing delivery of the framework.
- Interventions to deliver the Framework: the consultation provided a range of suggestions of programmes that would contribute to the delivery of the aims.
- Findings of this consultation will be shared with relevant officers to provide insight for the development of FAB interventions, in addition to the delivery of other local strategies, policies and plans.

Introduction

The Fit & Active Barnet Framework (2022-2026) sets out our whole-systems approach for physical activity in Barnet over the next five years by outlining our vision of creating a more active and healthier borough. To achieve this vision, we have identified aims within the context of People, Place and Partnerships.

The Framework has three Aims to achieve our vision. These Aims are:

1. People, we aim to increase physical activity levels amongst everyone
2. Place, we aim to provide environments that support active lifestyles
3. Partners, we aim to work together to embed physical activity at every opportunity

Prior to the consultation, a series of engagement activities were conducted to develop the Framework and shape the commitments within it. These include:

- Partner engagement workshops to develop, test and refine the draft Framework
- Presentations and discussions at networks such as Barnet Community and Voluntary Sector Forum, Communities Together Network, Barnet Children's Partnership Board, and COVID-19 Health Champions Information Session
- One to one discussion with external partners and Council colleagues to explore further integration across workstreams and key projects
- Grassroots Club engagement to learn more about the landscape of sport and physical activity providers in the borough, and to test and refine the draft Framework
- Resident engagement with the support of Claremont (consulting agency)

On 11th January 2022 the Adults & Safeguarding Committee approved the draft Framework to commence public consultation.

Consultation approach

Consultation methods

The Draft FAB Framework 2022-2026 consultation began on 12th January 2021 and concluded on 9th February 2022.

The consultation consisted of an online questionnaire published on engage.barnet.gov.uk together with the draft Framework and consultation document. The questionnaire and consultation are included as appendices I and II. Paper copies were available upon request.

The ongoing COVID-19 pandemic did affect the consultation approach taken. This meant that the primary method of consultation was the online questionnaire, whereas before the pandemic the consultation would feature in person engagement elements that were not feasible for this consultation.

To support development of Framework, a series of engagement sessions were conducted with a diverse mix of participants reflecting community groups within the borough. Participants were recruited via partners and networks. The engagement included a mix of

face to face, online focus groups and phone interviews. This was then used alongside a review of data and insights.

Promotion of the consultation

The consultation was actively promoted using social media, existing council communications channels and via email.

Activities to promote the consultation included:

- Targeted posts via social media platforms e.g., Facebook and Twitter
- Emails to the Fit & Active Barnet Partnership (represented by sport, physical activity, leisure, health, education and the voluntary, community and faith sectors)
- Emails to providers (clubs and community groups) delivering sport and physical activity in Barnet
- Promotion amongst London Borough of Barnet staff communication channels
- Articles within the following e-newsletters:
 - Barnet First (35,000 subscribers)
 - Barnet Schools Circular
 - Strategy Bulletin
 - Communities Together Network

Findings of the questionnaire

Questionnaire design

The questionnaire was developed to ascertain views on the Draft Fit & Active Barnet Framework and the Aims within it. The consultation invited views on:

- Our vision
- The guiding principles of our Framework
- The commitments we would like to focus on for the next four years

Throughout the questionnaire links were provided to the relevant section of the Framework document and to the consultation document.

The following types of questions were included:

- Questions whether respondents agreed or disagreed with the vision, guiding principles or commitments
- Open ended questions, where respondents were asked to provide reasons for areas they disagreed with or felt was missing from the Framework. The questionnaire also asked for suggestions for relevant programmes or interventions.

Response to the questionnaire

A total of 73 questionnaires have been completed. All these responses were via the online questionnaire or correspondence via email.

This report includes comments provided by respondents in free text questions. Whilst the majority of these comments are included in this report verbatim, please note that some have been edited to remove any identifiable information included in responses to questions.

Response profile

Table 1 shows that the majority of those who responded to the questionnaire were Barnet residents (56%). For this consultation few responses were received from voluntary/community organisations (12%) or public sector organisations (10%). It is important to note that several the respondents (31%) did not answer this question.

Table 1: Profile of those who responded to the Draft Fit & Active Barnet consultation

Stakeholder	%	Number
A Barnet resident	56%	28
A person who works in the London Borough of Barnet area	6%	3
A Barnet business	2%	1
A Barnet business and Barnet resident	0%	6
Representing a voluntary/community organisation	12%	5
Representing a public sector organisation	10%	1
Other	2%	1
Prefer not to say	2%	5
Total who answered this question	2%	50
Not answered this question	31%	23
Total response to the consultation	100%	73

Profile of protected characteristics

The council is required by law (the Equality Act 2010) to pay due regard to equalities in eliminating unlawful discrimination, advancing equality of opportunity, and fostering good relations between people from different groups.

The protected characteristics identified in the Equality Act 2010 are age, disability, ethnicity, gender, gender reassignment, marriage and civil partnership, pregnancy, maternity, religion or belief and sexual orientation.

To assist us in complying with the duty under the Equality Act 2010 we asked the respondents to provide equalities monitoring data and explained that collecting this information will help us understand the needs of our different communities and that all the information provided will be treated in the strictest confidence and will be stored securely in accordance with our responsibilities under data protection legislation (such as the General Data Protection Regulation or the Data Protection Act 2018).

Table 2: Protected Characteristics, profile of those that completed the questionnaire

	Number	%
Gender		
Female	20	48.78%
Male	14	34.15%

Prefer not to say	6	14.63%
Not answered	32	43%
Answered	41	57%
Total	73	100%
Age		
16-17	0	0.00%
18-24	1	2.44%
25-34	8	19.51%
35-44	10	24.39%
45-54	5	12.20%
55-64	5	12.20%
65-74	7	17.07%
75+	0	0.00%
Prefer not to say	5	12.20%
Not answered	32	43%
Answered	41	57%
Total	73	100%
Is the gender you identify with the same as your sex registered at birth?		
Yes, it's the same	34	85.00%
No, it's different	1	2.50%
Prefer not to say	5	12.50%
Not answered	33	45%
Answered	40	55%
Total	73	100%
Disability		
Yes	7	17.07%
No	25	60.98%
Prefer not to say	9	21.95%
Not answered	32	43%
Answered	41	57%
Total	73	100%
Ethnicity		
Asian - Bangladeshi	0	0.00%
Asian – Chinese	1	2.44%
Asian – Indian	1	2.44%
Asian – Pakistani	0	0.00%
Any other Asian background (please specify below)	1	2.44%

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Black - African	0	0.00%
Black – British	0	0.00%
Black – Caribbean	0	0.00%
Any other Black / African / Caribbean background (please specify below)	0	0.00%
Mixed - White and Asian	1	2.44%
Mixed - White and Black African	0	0.00%
Mixed - White and Black Caribbean	0	0.00%
Mixed - any other Mixed / Multiple ethnic background (please specify below)	0	0.00%
White - British	16	39.02
White - Greek / Greek Cypriot	1	2.44%
White - Gypsy or Irish Traveller	0	0.00%
White - Irish	0	0.00%
White - Turkish / Turkish Cypriot	0	0.00%
White - any other	10	24.39%
Prefer not to say	9	21.95%
Any other ethnic group (please specify)	1	2.44%
Not answered	32	43%
Answered	41	57%
Total	73	100%
Faith		
Baha'i	0	0.00%
Buddhist	0	0.00%
Christian	8	20.00%
Hindu	1	2.50%
Humanist	0	0.00%
Jain	1	2.50%
Jewish	3	7.50%
Muslim	0	0.00%
Sikh	0	0.00%
No religion	17	42.50%
Prefer not to say/not stated	9	22.50%
Other Faith	1	2.50%
Not answered	33	46
Answered	40	54

Total	73	100%
Pregnancy		
Pregnant	0	0.00%
On maternity leave	0	0.00%
Prefer not to say	6	24.00%
Neither	19	76.00%
Not answered	48	66%
Answered	25	34%
Total	73	100%
Sexuality		
Bisexual	1	2.63%
Gay or Lesbian	2	5.26%
Straight or heterosexual	26	68.42%
Prefer not to say	8	21.05%
Other sexual orientation	1	2.63%
Not answered	38	53%
Answered	35	47%
Total	73	100%
Marital Status		
Single	11	27.50%
Co-habiting	2	5.00%
Married	16	40.00%
Divorced	1	2.50%
Widowed	1	2.50%
In a same sex civil partnership	1	2.50%
Prefer not to say	8	20.00%
Not answered	33	45%
Answered	40	55%
Total	73	100%

Views on the vision

Respondents were asked whether they agreed or disagreed with the vision statement in the draft Framework and their views are shown in table 3.

Four fifths (77%) of respondents agreed with our vision for Fit & Active Barnet (61% strongly agree and 16% tend to agree). A minority of respondents (5%) disagree with our vision (1% strongly disagreed and 4% tend to disagree) and 13% of respondents were neutral.

Table 3: Respondent's level of support for our vision

To what extent do you agree or disagree with the Fit & Active Barnet vision	Number	%
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Strongly agree	44	61.11%
Tend to agree	12	16.67%
Neither agree nor disagree	9	12.50%
Tend to disagree	3	4.17%
Strongly disagree	1	1.39%
Don't Know	3	4.17%
Total	72	100%

Reasons for disagreement with the vision

Respondents were asked if they felt anything else that should be considered in the guiding principles. 8 respondents answered this question.

The most common themes (2 or more comments) are summarised below:

- Suggestions for more specific wording (2 comments)
- Consideration needed for funding (2 comments)

Table 4: Reasons why respondents disagreed with the vision

Why do you disagree with the vision?	
Number of respondents who completed this question	8
Description / Type of verbatim comments	Number of comments
Your first principal is already out of date. The vision should include the whole life goal of a person, which is more than just physical. It should include mental health too.	2
Too vague and doesn't set out enough information on how these aims will be achieved, where funding will come from, which groups will benefit the most	2
It gives no options for plans just statistics. Doesn't mention increased funding or additional planned services.	2
Need to make more 3G football pitches available to use for people.	1
This is not the function of the borough	1
its an option that can only be left up to the people them selves	1

Why do you disagree with the vision?	
Number of respondents who completed this question	8
Description / Type of verbatim comments	Number of comments
Although the document claims to support non "sport" activity e.g. walking and cycling, all I saw listed was parks and sport centres, which is fine, but I was hoping for a lot more on active travel and safe walking and cycling to work e.g. Hendon Thameslink station to Middlesex University is poor for walking (narrow pavements and subways) and terrible for cycling (no safe cycle paths) It needs joining up with active travel.	1
Make sport spaces of the borough accessible for everybody, not just physical disabilities, but for all neurotypes, including neurodivergent people. This means to introduce reliable calm hours for example in swimming pools of the borough when no music or other noise is played and lights are dimmed. And this shall not just be an hour like calm shopping hour in the supermarket, this shall be equal share of time and ideally rotated. So that there is a calm Sunday every 14 days. Offer a reliable email contact for all leisure centres, currently if one can find a contact accessible without phone call, one will not get a reply. Personally, if I have no reliability to plan a visit and no information at all regarding calm hours, I will just not use and not exercise, even if I would love swimming in a sensory friendly pool. I had tried to pass on this information earlier via Barnet Engage but it all felt as if there was no real willingness in Barnet borough to change or even consider anything like this (never got contacted from the relevant post, so has not shown interest, if they had got my message forwarded).	1

Views on the guiding principles

Respondents were asked whether they agreed or disagreed with the guiding principles in the draft Framework. These guiding principles were:

To achieve our vision, we will apply the following principles:

1. Make physical activity everyone's business:
 - Ensure physical activity is not just the business of typical 'sports' agencies but is considered by all
2. Promote equality and reduce inequality:
 - Make Barnet a place where everyone can lead more active and healthier lifestyles
3. Embed a whole systems approach:
 - Implement a whole systems approach, by working collaboratively with partners and the community to co-produce and support delivery
4. Be driven by insight:

Invest time to understand and challenge barriers to participation by engaging with communities and using a robust evidence base to inform and guide decisions

5. Challenge the status quo:

Explore innovative approaches which may be less traditional, whilst attracting investment into the borough

Table 5 shows Most of the respondents agreed with the guiding principles (between 52% and 75%).

The highest level of support was for ‘Promote equality and reduce inequality’ which 92% of respondents agreed with (75% strongly agreed and 17% tend to agree).

The next highest was ‘Making health make physical activity everyone’s business’ which 87% of respondents agreed with (62 % strongly agreed and 25% tend to agree).

Similar levels of agreement were received for ‘Embed a whole systems approach and be driven by insight’ which 82% and 82% of respondents agreed with respectively.

‘Challenge the status quo received’ the least agreement with 77% agreeing (53% strongly agreeing and 24% tend to agree). However, this is still the majority that agree with the principle.

A minority of respondents neither agreed or disagreed with the guiding principles (between 5% and 14%).

Few respondents disagreed with the principles (between 0% and 3%) and around 5% of respondents were not sure or didn’t know.

Table 5: Views on the guiding principles

Principle	Strongly agree		Tend to agree		Neither agree or disagree		Tend to disagree		Strongly disagree		Not sure/Don't know		Total
	%	No	%	No	%	No	%	No	%	No	%	No	
Make physical activity everyone’s business	61.97%	44	25.35%	18	9.86%	7	0.00%	0	1.41%	1	1.41%	1	71
Promote equality and reduce inequality	75.00%	54	16.67%	12	5.56%	4	1.39%	1	0.00%	0	1.39%	1	72
Embed a whole systems approach	61.43%	43	21.43%	15	10.00%	7	2.86%	2	1.43%	1	2.86%	2	70
Be driven by insight	57.75%	41	23.94%	17	9.86%	7	1.41%	1	1.41%	1	5.63%	4	71
Challenge the status quo	52.78%	38	23.61%	17	13.89%	10	2.78%	2	1.39%	1	5.56%	4	72

Reasons for disagreement with the guiding principles

Respondents who disagreed with the guiding were asked why. Answers to this question were received by 26 respondents.

The most common themes (2 or more comments) are summarised below:

- Barriers to access (e.g., cost) (6 comments)
- Availability of spaces (5 comments)
- Inequalities (4 Comments)
- Community Safety (2 Comments)
- Active travel (2 comments)

Table 6: Reasons why respondents disagreed with the guiding principles

Why do you disagree with the guiding principles?	
Number of respondents who completed this question	27
Description / Type of verbatim comments	Number of comments
Principle 4. Not only challenge barriers but actually reduce barriers to exercise. i.e.. cost and lack of incentives.	6/4
provide at least one open air space for model aircraft flying.	3
Accessibility and affordability is important. At the moment, going for a swim or a fitness class at Better Leisure centres in Barnet costs more than in boroughs like Hackney, Camden etc. I assume those boroughs give a more generous subsidy?	6
Affordability and access to services	6
Rather than make it everyone's business make it accessible and affordable for everyone. Don't put the onus on time and cash strapped families and households in a time of hugely increased living costs and poor health outcomes followed by the pandemic.	6
Make football and rugby more available.	3
Sports facilities for the disabled adults hardly exist. They always have to go out of the Borough to access swimming, badminton etc	3/4

Why do you disagree with the guiding principles?	
Number of respondents who completed this question	27
Description / Type of verbatim comments	Number of comments
Making Barnet safe to go out and take exercise	3
You should consider the safety of girls and women using the park	3
Principles are great. Application is everything.	1
Very often, when there is a consultation, the local authority has already made up their minds. It's used as an excuse to put up prices, particularly for things like parking. These aims all seem quite non-specific.	1
Get involved with voluntary groups to be as inclusive as possible and reach all sectors of the community.	1
What do these statements mean in practice?	1
Make it affordable even free Principles 3-5 - pure word salad!	6
In some of the very poorest areas in Barnet children don't engage in sporting activities because they lack the basics needed i.e. sports clothes and footwear.	6/4
No	1
Get people to rely less on their cars.	2
Ask questions that are not leading .	1
Sustaining sport and physical activity, so that it is not a one-off	1

Why do you disagree with the guiding principles?	
Number of respondents who completed this question	27
Description / Type of verbatim comments	Number of comments
I think being fit is great. I think the other major factor to include is nutrition. Nutrition is 80% of anyones fitness goals and challenges. If you don't have the right knowledge about food then this will not work. As we need to feed the body and mind correctly.	1
Inclusion and Safety	3
Co-production	1
Whole system needs to include active travel to and from schools and workplaces and shops by walking and cycling. Not sure I see this clearly in the plans.	2
To consider the element of mental health within the thinking of physical health and focus on what good physical health would do to help. Likewise Thought needs to be considered for the physically disabled, which I cannot see in the proposal.	1
Promoting equality and reducing inequality could include looking into different physical activities from different cultures (obviously leading with a professional and somebody that represents said culture well)	4

Views on areas to consider in the guiding principles

Respondents were asked if they felt anything else that should be considered in the guiding principles. 8 respondents answered this question.

The most common themes (2 or more comments) are summarised below and more detailed comments are in table 7:

- Barriers to access (e.g., affordability) (2 comments)

Table 7: Area's respondents felt should be considered in the guiding principles

Is there anything else you think we should consider for our guiding principles?	
Number of respondents who completed this question	8
Description / Type of verbatim comments	Number of comments
The first point about making it everyone's business could be construed as placing the onus on households who are recovering from a pandemic and acutely feeling the cost of living crisis. Services will need to be truly local across the borough and affordable. Transport within the borough is terrible and it appears TFL will be unable to provide new services. One can go into central London via the bus, train and tube (very important) but struggle to get from High Barnet to Colindale or Golders Green, etc.	2
See above	1
You have the costs up too high to use the facilities.	2
These aims all seem quite non-specific.	1
Does Barnet propose to act as the nanny state?	1
I disagree with the line of questioning	1
Principle 2. I do not think there are inequalities in the borough which do not allow people to do physical activity. In fact the will of doing physical activity must come from the single individual first and if the individual is not prone to do it for whatever reasons there is not much the borough can do for him/her. The borough can promote the health benefits of the activities but this can help people in try to be more active to a certain extent. Eventually it is down to the single individual to do physical activity or not.	1
None	1

Views on the Aims of the Framework overall

Respondents were asked to what extent do they agree, or disagree with the aims of the Framework. These Aims were:

1. Aim1: People, increase physical activity levels amongst everyone
2. Aim 2: Place, provide environments that support active lifestyles
3. Aim 3: Partnerships, work together to embed physical activity at every opportunity

Table 8 shows that the majority of respondents agree with the Aims (between 87% and 92%).

The highest level of agreement was for Place, 92% of respondents agreed with (84% strongly agreed and 8% tend to agree). This was the highest strongly agree of the three Aims.

The second highest agreement was for People, 90% of respondents agreed with (76% strongly and 14% tend to agree).

Partnerships received the lowest level of agreement with 87% agreeing (68% strongly agree and 19% tend to agree). This is still a majority of respondents.

A small number of respondents were neutral on the three Aims with between 3% and 10% neither agreeing or disagreeing.

The minority of respondents disagreed with the Aims with disagreement being between 3% and 2%.

On average 2% of respondents were not sure whether they agreed with the Aims.

Table 8: Views of respondents on each aim

Aim	Strongly agree		Tend to agree		Neither agree or disagree		Tend to disagree		Strongly disagree		Not sure/Don't know		Total
	%	No	%	No	%	No	%	No	%	No	%	No	
Aim1: People	76.19%	48	14.29%	9	3.17%	2	0.00%	0	3.17%	2	3.17%	2	63
Am 2: Place	84.13%	53	7.94%	5	4.76%	3	0.00%	0	1.59%	1	1.59%	1	63
Aim 3: Partnerships	68.25%	43	19.05%	12	9.52%	6	0.00%	0	1.59%	1	1.59%	1	63

Reasons for disagreement with the key aims

Respondents who disagreed with the Aims were asked why. Answers to this question were received by 5 respondents.

The most common themes (2 or more comments) are summarised below, and more detailed comments are in table 9:

- There were no repeated themes within the comments in this section.

Table 9: Reasons why respondents disagreed with the aims

Why do you disagree with the aims?	
Number of respondents who completed this question	5
Description / Type of verbatim comments	Number of comments
<p>1. Partnerships</p> <p>Allow flexible working in the NHS so colleagues can attend fitness classes during the day. Royal Free London are on the list of partners. However, they do not promote fitness and exercise within their workforce due to rigid working conditions.</p>	1
<p>2. Place</p> <p>Have women only gym sessions as currently it is a very male dominant environment which can be intimidating.</p>	
<p>3. People</p> <p>Introduce incentives to coax beginners into physical activities.</p>	
<p>4. Partnerships</p> <p>Raise awareness with GPs (referrers) and patients about the Healthwise Physical Activity Programme and make funding available for reduced membership costs.</p>	
<p>5. People</p> <p>Recruitment drive to get more fitness instructors as current variety of classes are limited due to staff shortages.</p>	
<p>6. People</p> <p>Introduce gym buddies, mentors or small groups of people to support newcomers to exercise.</p>	
<p>7. Partnerships</p> <p>Change the work culture to promote physical exercise and relaxation techniques during the day to reduce stress and sedentary lifestyles.</p>	
<p>8. Place</p> <p>Meridian Wellbeing are doing a good job at the Meritage Centre in Hendon. They have weekly exercise classes both at the centre and online and are very friendly, supportive and inclusive.</p>	
<p>9. Partnerships</p> <p>Make sure CCGs consider properly the importance of physical exercise when making funding decisions.</p>	
<p>10. Partnerships</p>	

Why do you disagree with the aims?	
Number of respondents who completed this question	5
Description / Type of verbatim comments	Number of comments
Partners need to get more seriously involved. Make sure partners are properly committed to embedding a whole systems approach. Look properly at barriers to exercise i.e.. cost, time and consider incentives.	
You are not doing enough to make venue hire cheaper	1
No facilities for the disabled	1
To many leading questions	1
None	1

Views on areas to consider in the aims

Respondents were asked if they felt anything else that should be considered in the Aims. 14 respondents answered this question.

The most common themes (2 or more comments) are summarised below and more detailed comments are in Table 10:

- Improve transport options including active travel (4 comments)
- Barriers to access (e.g., Cost) (3 comments)

Table 10: Areas respondents think should be considered in the aims

Is there anything else you think we should consider for our aims?	
Number of respondents who completed this question	14
Description / Type of verbatim comments	Number of comments
Affordability. See previous comments. Compare prices at Better leisure centres here in Barnet with those in Camden, Hackney. It's cheaper to swim at the amazing Olympic pool in	3

Is there anything else you think we should consider for our aims?	
Number of respondents who completed this question	14
Description / Type of verbatim comments	Number of comments
Stratford than it is at the pools in Barnet. Can you provide a better subsidy to make it more affordable to use council leisure centres in this borough please?	
Aim 2: Place. Concerned that this will translate into LTNs which don't increase activity but make execution of daily life harder for people readjusting to a reversal of a pandemic induced lifestyle	4
Make more places for football cheaper.	3
Make wheelchair accessible sports a priority	1
Make Banet safe for people to take exercise especially in the winter when its dark	1
Time of day and accessibility	3
Reduce air pollution so exercise outdoors is healthier.	1
Please do not install LTN's and not add cycle lanes . Many cycle lanes are not used .	4
More apparatus in the parks for young people	1
Nature. Enable people to do more physical activities outdoor at all levels, from school pupils to retired residents. Should be increased the relation between people, nature and the all benefits that this brings.	4
No	1
Improve public transport. If people spend less time on public transport and have more energy left, they are more likely to be able to take care of their nutrition and physical health via exercise. Biking is not safe for everybody and particularly not on these roads and	4

Is there anything else you think we should consider for our aims?	
Number of respondents who completed this question	14
Description / Type of verbatim comments	Number of comments
distances and sometimes lonely places to get across the borough, but the public transport takes between 3 and 4 time as long as by car and for sensory sensitive people it can have an extremely energy draining effect, reducing them to spend much of their time then exhausted in bed, unable to just think of cooking or exercising.	
None	1
Place - as exercise/physical activities can tend to be a stressful environment due to the judge pressure around it (doing said activity in a "correct" way even if there is or isn't a distinct right way of doing the activity) & having the space be approachable potentially semi private to make people feel more comfortable, being in a space where there's minimal room for judgment.	1

Views on Aim 1: People

Respondents were asked their views on this aim including the proposed commitments and how important they were to them.

The commitments within this aim were:

- Advocating for active lifestyles to be embedded within local policy, strategies and plans and that this is at the forefront of decision making.
- Providing opportunities to be active, particularly where physical activity levels are lowest, and inequalities exist.
- Changing behaviours and perceptions towards leading an active and healthier lifestyle
- Understand the barriers to participation and identify gaps in provision, to ensure equal and fair access to opportunities for everyone

Level of importance of each commitment

Respondents were asked to rank the commitments within this Aim by how important they were to them. 55 respondents answered this question.

‘Understanding the barriers to participation and identify gaps in provision, to ensure equal and fair access to opportunities for everyone’ was the most important commitments within this Aim with a weighted average of 2.98. This was followed by ‘Providing opportunities to be active, particularly where physical activity levels are lowest, and inequalities exist’ and ‘Changing behaviours and perceptions towards leading an active and healthier lifestyle’ with an average of 2.79 and 2.34. The least important commitment was ‘Advocating for active

lifestyles to be embedded within local policies, strategies and plans and ensure that this is central to decision making' with an average of 2.08.

Table 11 shows the responses from the question with the ranking answers for each commitment.

Chart 1: Weighted average for most important commitment in Aim 1

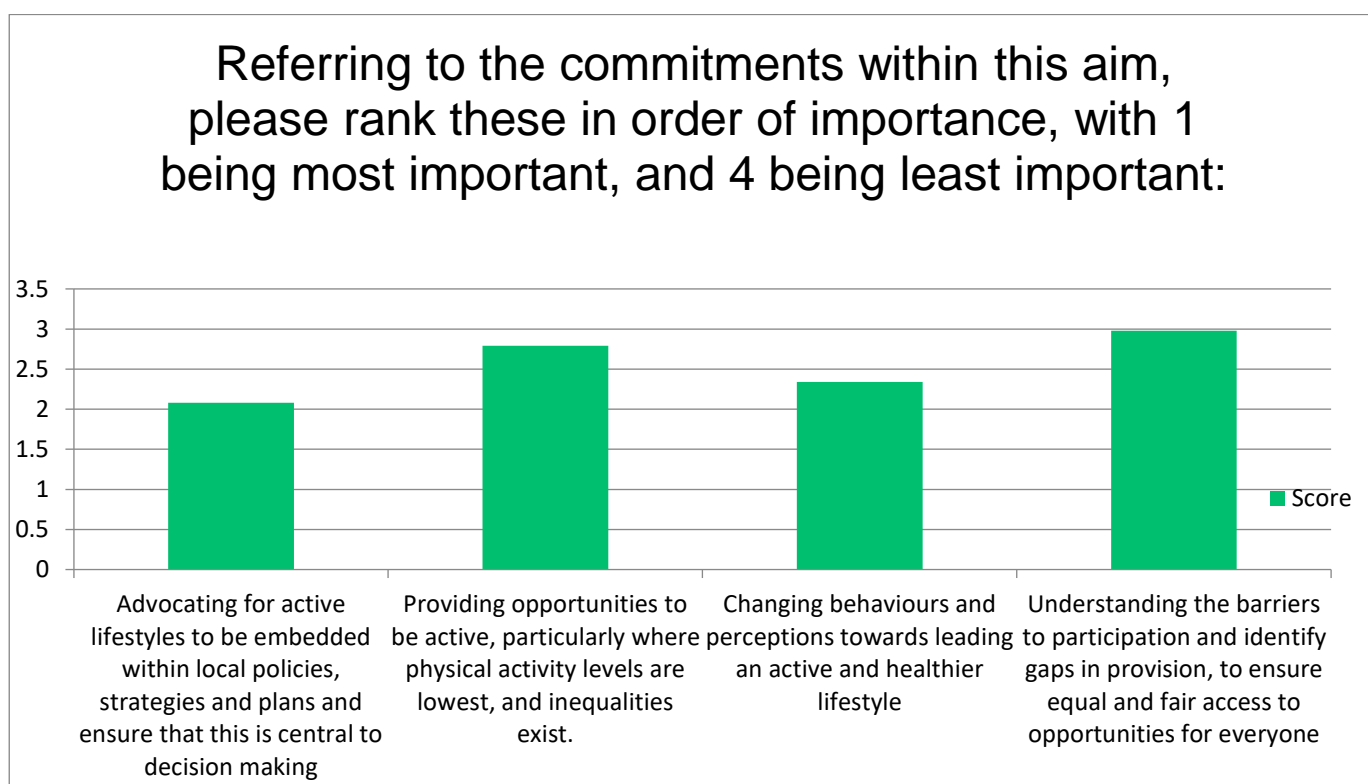


Table 11: Views on 1st, 2nd, 3rd and 4th most important commitment in Aim 1

Commitments	1st Most Important		2nd Most Important		3rd Most Important		Don't know/not sure		Total
	%	No	%	No	%	No	%	No	
Advocating for active lifestyles to be embedded within local policies, strategies and plans and ensure that this is central to decision making	15.09%	8	16.98%	9	39.62%	21	9.43%	5	53
Providing opportunities to be active, particularly where physical activity levels are	28.00%	14	32.00%	16	14.00%	7	6.00%	3	50

lowest, and inequalities exist.									
Changing behaviours and perceptions towards leading an active and healthier lifestyle	15.38%	8	21.15%	11	21.15%	11	9.62%	5	52
Understanding the barriers to participation and identify gaps in provision, to ensure equal and fair access to opportunities for everyone	39.62%	21	24.53%	13	11.32	6	5.66	3	53

Views on commitments to include in Aim 1

Respondents were asked if there were any other commitments they felt should be included in this Aim. 13 answers were received for this question.

The most common themes (2 or more comments) are summarised below more detailed comments are in table 12:

- Consider provisions available for people with a disability (3 comments)
- Improve transport options including active travel (4 comments)

Table 12: Additional commitments respondents think should be included in Aim 1

What other Commitment should be included in this aim?	
Number of respondents who completed this question	13
Description / Type of verbatim comments	Number of comments
Pandemic Planning to continue physical exercise during periods of lockdown	1
1. Partnerships Allow flexible working in the NHS so colleagues can attend fitness classes during the day. Royal Free London are on the list of partners. However, they do not promote fitness and exercise within their workforce due to rigid working conditions.	1

What other Commitment should be included in this aim?	
Number of respondents who completed this question	13
Description / Type of verbatim comments	Number of comments
<p>2. Place</p> <p>Have women only gym sessions as currently it is a very male dominant environment which can be intimidating.</p>	
<p>3. People</p> <p>Introduce incentives to coax beginners into physical activities.</p>	
<p>4. Partnerships</p> <p>Raise awareness with GPs (referrers) and patients about the Healthwise Physical Activity Programme and make funding available for reduced membership costs.</p>	
<p>5. People</p> <p>Recruitment drive to get more fitness instructors as current variety of classes are limited due to staff shortages.</p>	
<p>6. People</p> <p>Introduce gym buddies, mentors or small groups of people to support newcomers to exercise.</p>	
<p>7. Partnerships</p> <p>Change the work culture to promote physical exercise and relaxation techniques during the day to reduce stress and sedentary lifestyles.</p>	
<p>8. Place</p> <p>Meridian Wellbeing are doing a good job at the Meritage Centre in Hendon. They have weekly exercise classes both at the centre and online and are very friendly, supportive and inclusive.</p>	

What other Commitment should be included in this aim?	
Number of respondents who completed this question	13
Description / Type of verbatim comments	Number of comments
<p>9. Partnerships</p> <p>Make sure CCGs consider properly the importance of physical exercise when making funding decisions.</p>	
<p>10. Partnerships</p> <p>Partners need to get more seriously involved.</p> <p>Make sure partners are properly committed to embedding a whole systems approach. Look properly at barriers to exercise i.e.. cost, time and consider incentives.</p>	
Ease of access and affordability and a range of activities easily accessible wherever in the borough someone is. No point having sport pitches for youngsters locally if the older sections of the population have to take public transport and join a gym to access services	1
Make more football pitches available	1
Health of disabled	3
Disabled	3
Poverty, lack of support for vulnerable people.	1
within these aims it is fundamental that active travel is given a very high priority to enable all residents daily movement around the borough.	4
Do not use LTN's . Enfield has forced more traffic unto our adjoining rds so we do not need more holdups.	4
Make it easy for people to be active eg promote safe active travel	4
Nutrition!	1

What other Commitment should be included in this aim?	
Number of respondents who completed this question	13
Description / Type of verbatim comments	Number of comments
Active lifestyles and active travel, as you can in theory have an active lifestyle by driving to a gym. Active travel is the way to get mass participation, but that means making walking and cycling much easier and safer.	4
For both physical disability and for mental health service users.	3

Suggestions of projects or interventions in Aim 1

Respondents were asked if they had any suggestions for programmes or interventions that could be done within this aim. 31 respondents answered this question.

- The most common themes (2 or more comments) are summarised below and more detailed comments are in table 12:
 - Improve active travel infrastructure (7 comments)
 - Culturally specific interventions (3 comments)
 - Improve parks and open spaces infrastructure (2 comments)
 - Barriers to access (e.g., Cost) (2 comments)
 - Consider provisions available for people with a disability (3 comments)

Table 12: Suggestions for projects or interventions within Aim 1

Do you have any suggestions for projects or interventions that should be done within this aim?	
Number of respondents who completed this question	31
Description / Type of verbatim comments	Number of comments
Pandemic Planning to continue physical exercise during periods of lockdown	1
Women only gym sessions. Mentorship programmes or buddies to provide support and encouragement.	1
I own a model flying club but I have to go to cuffley to hire the field as barnet do not have anywhere that we can do our sport,	2

Do you have any suggestions for projects or interventions that should be done within this aim?	
Number of respondents who completed this question	31
Description / Type of verbatim comments	Number of comments
Make it affordable!	2
More car sharing, promote biking with good infrastructure, more bike sharing opportunities, more space for bike sheds instead of parking spaces...	7
Make more 3G artificial turf football pitches available and make it cheaper. It is too expensive.	2/2
Make accessible swimming pools such as the Aspire in Stanmore. Also create more accessible groups for wheelchair football, wheelchair badminton etc	2
Safer roads for biking	7
It's should start as soon as the baby is born. There are not enough support for parents with babies to exercise. Crèche is not available in most sports centres in Barnet. There should be health clinics where parent and baby groups can be held and physical activities can be introduced at early age for baby and parents. There is no free clubs or community centres where teenagers can have fun and be active at the same time. Same problem for adults. Everything costs money which people in Barnet don't have.	1
Projects - increase safe cycle lanes and new swimming pool in Colindale area. Better public transport access to current leisure centres (Barnet Copthall).	7
Improve streets for more active travel including walking and cycling	7
Something a bit more specific and personal... The elderly need more table tennis facilities and at reasonable cost, just as swimming provided currently. And we need evenings to for those working in the day time. Current systems requires bookings two weeks ahead and it's not convenient as just showing up and having a knock and a laugh at preset times. Research has shown table tennis can reduce onset of dementia	1

Do you have any suggestions for projects or interventions that should be done within this aim?	
Number of respondents who completed this question	31
Description / Type of verbatim comments	Number of comments
and it's a safe sport for the elderly where mind and body are exercised. Thank you	
considerable improvement of the pedestrian environment with increased maintenance. Facilities to enable and encourage cycling in safety for all.	7
Dedicated cycleways in local parks and more policing of cyclists on our roads.	7
Direct provision of sports groups for all ages. Flexible times.	1
It would be good to have some engagement activities with disabled people to explore the barriers to sport and physical activity and these are best tackled.	2
Increased cycling provision - with safe segregated cycle ways, and school cycling activities	7
there should be more provision for older people especially with mobility issues, so exercise classes for over 70's for example. this could also be opportunities for people to socialise	
holding workshops and seminars about Nutrition. Holding workshops and seminars about training correctly and safely. I run a gym in North London Business Park and can really towards this.	1
cultural specific intervention Interventions that specifically target residents with long term conditions such as SMI's	3
fic sessions sessions targeted at people with specific long term conditions like SMI's	3
identity inclusion training for facilitators	3
Involvement of the wider community at all levels from the youngest people to the elders. Also massive marketing campaign	2

Do you have any suggestions for projects or interventions that should be done within this aim?	
Number of respondents who completed this question	31
Description / Type of verbatim comments	Number of comments
online and no throughout the borough that promote physical activities.	
GLL app Street Tag Supporting PA opportunities within faith environments e.g. churches, hosting talks and signposting	1
No	1
Safe cycling and walking routes from the main transport hubs to Middlesex University in particular including safe cycling and walking along Station Road from Hendon station: Narrow pavements, horrible subways and no safe cycle route at all.	7
I believe local organisations should certainly have an input	1
I think an easy organised event that provides exercise and a potential opportunity for charity, charging a minimal entrance fee - marathon type events, a run/jog/walk around barnet. This can also go in hand with biking. Dance classes that can be active and a lot more fun without taking a whole load of time out of somebody's day.	1
We believe Yoga and Indian Folk Dances can also be part of the activity for fitness.	1
Family, healthy eating, easy get active initiatives	1
Forging partnerships interventions between the voluntary and community sector and the sports, leisure and health sectors to benefit distinct community groups	1

Views on Aim 2: Place

Respondents were asked their views on this Aim including the proposed commitments and how important they were to them.

The commitments within this Aim were:

- Advocating for active environments to be embedded within local policy, strategies and plans and that this is at the forefront of decision making
- Supporting the protection, revival, and creation of accessible environments
- Creating a sense of place and connectivity by animating community spaces through the delivery of targeted interventions
- Creating a culture that optimises active travel in the borough
- Encouraging workplaces in the borough to embed physical activity and wellbeing within their business

Level of importance of each commitment

Respondents were asked to rank the commitments within this aim by how important they were to them. 53 respondents answered this question.

The most important commitment was supporting the 'Protection, revival, and creation of accessible environments' with a weighted average of 3.67. This was followed by 'Advocating for active environments to be embedded within local policy, strategies and plans and that this is at the forefront of decision making' (average of 3.24), 'Creating a culture that optimises active travel in the borough' (average of 2.94) and 'Enhancing community spaces through the delivery of targeted physical activity interventions' (average 2.93). The least important commitment was 'Encouraging workplaces in the borough to embed physical activity and wellbeing within their business' with an average of 2.6.

Table 13 shows the responses from the question with the ranking answers for each commitment.

Chart 2: Weighted average for most important commitments in Aim 2

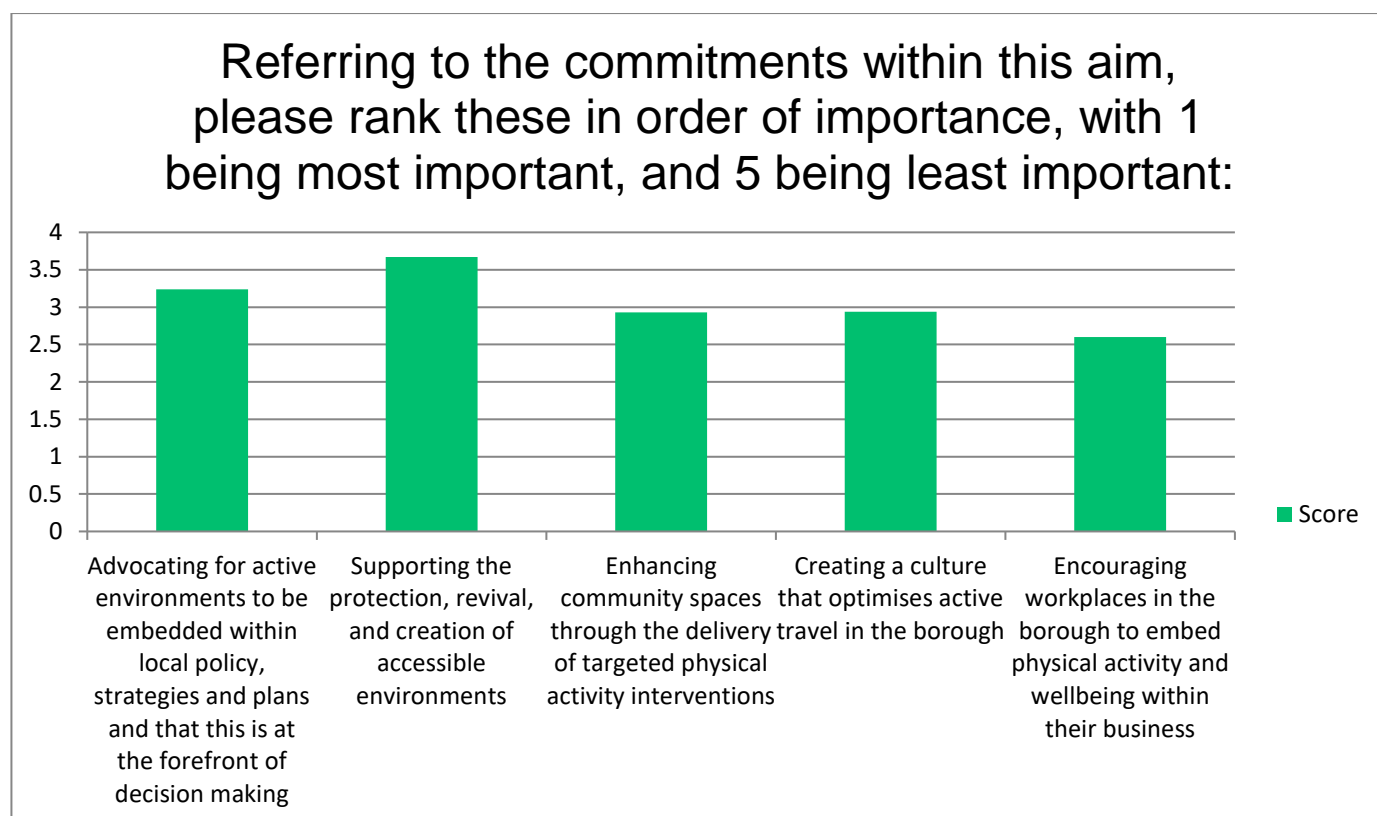


Table 13: Views on most important commitments in Aim 2

Commitments	1st Most Important		2nd Most Important		3rd Most Important		4th Most Important		5th Most Important		Don't know/not sure		Total
	%	No	%	No	%	No	%	No	%	No	%	No	
Advocating for active environments to be embedded within local policy, strategies and plans and that this is at the forefront of decision making	24.49%	12	20.41%	10	16.33%	8	14.29%	8	16.33%	8	8.16%	4	49
Supporting the protection, revival, and creation of accessible environments	29.79%	14	23.40%	11	21.28%	10	12.77%	10	4.26%	2	8.51%	4	47
Creating a sense of place and connectivity by	8.51%	4	23.40%	11	25.53%	12	21.28%	12	12.77%	6	8.51%	4	47

animating community spaces through the delivery of targeted interventions													
Creating a culture that optimises active travel in the borough	25.49%	13	5.88%	3	19.61%	10	19.61%	10	21.57%	11	7.84%	4	51
Encouraging workplaces in the borough to embed physical activity and wellbeing within their business	9.80%	5	21.57%	11	11.76%	6	11.76%	6	27.45%	14	5.88%	3	51

Views on commitments to include in Aim 2

Respondents were asked if there were any other commitment they felt should be included in this Aim. 9 answers were received for this question.

The most common themes (2 or more comments) are summarised below and more detailed comments are in table 14:

- Increase active travel and transportation (3 comments)

Table 14: Additional commitment respondents think should be included in Aim 2

What other commitments should be included in this Aim?	
Number of respondents who completed this question	9
Description / Type of verbatim comments	Number of comments
Pandemic Planning to continue physical exercise during periods of lockdown	1
1. Partnerships Allow flexible working in the NHS so colleagues can attend fitness classes during the day. Royal Free London are on the list of partners. However, they do not promote fitness and exercise within their workforce due to rigid working conditions.	1

What other commitments should be included in this Aim?	
Number of respondents who completed this question	9
Description / Type of verbatim comments	Number of comments
<p>2. Place</p> <p>Have women only gym sessions as currently it is a very male dominant environment which can be intimidating.</p>	
<p>3. People</p> <p>Introduce incentives to coax beginners into physical activities.</p>	
<p>4. Partnerships</p> <p>Raise awareness with GPs (referrers) and patients about the Healthwise Physical Activity Programme and make funding available for reduced membership costs.</p>	
<p>5. People</p> <p>Recruitment drive to get more fitness instructors as current variety of classes are limited due to staff shortages.</p>	
<p>6. People</p> <p>Introduce gym buddies, mentors or small groups of people to support newcomers to exercise.</p>	
<p>7. Partnerships</p> <p>Change the work culture to promote physical exercise and relaxation techniques during the day to reduce stress and sedentary lifestyles.</p>	
<p>8. Place</p> <p>Meridian Wellbeing are doing a good job at the Meritage Centre in Hendon. They have weekly exercise classes both at the centre and online and are very friendly, supportive and inclusive.</p>	

What other commitments should be included in this Aim?	
Number of respondents who completed this question	9
Description / Type of verbatim comments	Number of comments
<p>9. Partnerships</p> <p>Make sure CCGs consider properly the importance of physical exercise when making funding decisions.</p>	
<p>10. Partnerships</p> <p>Partners need to get more seriously involved.</p> <p>Make sure partners are properly committed to embedding a whole systems approach. Look properly at barriers to exercise ie. cost, time and consider incentives.</p>	
Separate cycle ways in parks from pedestrians as far to often cyclists force their way through.	3
Make more 3G artificial pitches available	1
Barnet has no cycle or walking paths. All the roads are dangerous to walk or cycle. A41, A406, A1 to name few. These roads don't create obstacles in creating cycle lane or walking paths in other boroughs. All neighbouring boroughs to Barnet (Brent, Camden, Haringey etc) have safe cycle and walking paths for years but Barnet don't have any.	3
Public awareness campaign to reduce car use	3
it looks like you are turning this into a dictatorship.	1
I am not sure where to suggest this: let's build at least a small workout area in Bittacy Hill Park. At least a pull-up bar! I can donate some money to support this project. There is a beautiful park and a few bars will bring more active people there and promote healthier lifestyle.	1

What other commitments should be included in this Aim?	
Number of respondents who completed this question	9
Description / Type of verbatim comments	Number of comments
Introduce reliable cross borough commuter buses during commuter hours which only stop once in the centre of each quarter to which people can walk and that shorten the journey time and are sensory friendly. Then people get exercise from walking to the bus but without the strain from having to spend 3 to 4 times as long on their commute as if they just sat in their car from door to door. In their spare time they will then have the energy to look after themselves and do some exercise.	1

Suggestions of projects or interventions in Aim 2

Respondents were asked if they had any suggestions for programmes or interventions that could be done within this Aim. 13 respondents answered this question.

The most common themes (2 or more comments) are summarised below and more detailed comments are in table 15:

- o Improve parks and open spaces (3 comments)
- o Improve active travel infrastructure (2 comments)

Table 15: Suggestions for projects or interventions within Aim 2

Do you have any suggestions for projects or interventions that should be done within this Aim?	
Number of respondents who completed this question	13
Description / Type of verbatim comments	Number of comments
Pandemic Planning to continue physical exercise during periods of lockdown	1
<p>1. Partnerships</p> <p>Allow flexible working in the NHS so colleagues can attend fitness classes during the day. Royal Free London are on the list of partners. However, they do not promote fitness and exercise within their workforce due to rigid working conditions.</p> <p>2. Place</p> <p>Have women only gym sessions as currently it is a very male dominant environment which can be intimidating.</p>	1

Do you have any suggestions for projects or interventions that should be done within this Aim?	
Number of respondents who completed this question	13
Description / Type of verbatim comments	Number of comments
<p>3. People Introduce incentives to coax beginners into physical activities.</p> <p>4. Partnerships Raise awareness with GPs (referrers) and patients about the Healthwise Physical Activity Programme and make funding available for reduced membership costs.</p> <p>5. People Recruitment drive to get more fitness instructors as current variety of classes are limited due to staff shortages.</p> <p>6. People Introduce gym buddies, mentors or small groups of people to support newcomers to exercise.</p> <p>7. Partnerships Change the work culture to promote physical exercise and relaxation techniques during the day to reduce stress and sedentary lifestyles.</p> <p>8. Place Meridian Wellbeing are doing a good job at the Meritage Centre in Hendon. They have weekly exercise classes both at the centre and online and are very friendly, supportive and inclusive.</p> <p>9. Partnerships Make sure CCGs consider properly the importance of physical exercise when making funding decisions.</p> <p>10. Partnerships</p>	

Do you have any suggestions for projects or interventions that should be done within this Aim?	
Number of respondents who completed this question	13
Description / Type of verbatim comments	Number of comments
Partners need to get more seriously involved. Make sure partners are properly committed to embedding a whole systems approach. Look properly at barriers to exercise ie. cost, time and consider incentives.	
Impose cycle speed limits in parks.	3
Make more football pitches built in parks and open spaces	3
There should be running tracks in Barnet paths. All paths in the parks are either hand pot holes or not suitable for a run.	1
Same as before	1
Encourage people to walk/cycle instead of drive. Make streets safer with 20mph everywhere, more pedestrian crossings, wider pavements, speed enforcement, penalise dangerous drivers, prioritise air pollution reduction, many more bike lanes	2
Free our streets , More policing.	1
Development, and maintenance of green spaces. Like through the creation of running tracks in the existing parks in the borough.	3
Busway	1
No	1
Active travel to and from Middlesex University with safe walking and cycling routes to and from the major transport hubs e.g. Hendon station to the University needs a safe cycle path and wider pavements and no subways. Prioritise people over cars.	2
None	1

Views on Aim 3: Partnership

Respondents were asked their views on this Aim including the proposed commitments and how important they were to them.

The commitments within this Aim were:

- Advocating the value of physical activity, and its contribution towards achieving a range of health and wellbeing outcomes, and ensuring the integration within all relevant pathways
- Optimising resources to support increased physical activity levels and healthier lifestyles
- Enabling supportive working between partners to maximise capacity and create efficiencies

Level of importance of each commitment

Respondents were asked to rank the commitments within this Aim by how important they were to them. 49 respondents answered this question.

‘Optimise and secure resources among the partnership to support increased physical activity levels’ with a weighted average of 3. This was followed by ‘Facilitating effective working between partners to deliver the Framework and maximise outcomes’ (average of 2.89) and ‘Enabling the partnership to advocate the value of physical activity, and its contribution to achieving a range of outcomes’ (average 2.43). The least important commitment was ‘Enabling supportive working between partners to maximise capacity and create efficiencies’ with an average of 1.84 as shown in chart 3.

Table 16 shows the responses from the question with the ranking answers for each commitment.

Chart 3: Weighted average for most important commitments in Aim 3

Referring to the commitments within this aim, please rank these in order of importance, with 1 being most important, and 4 being least important:

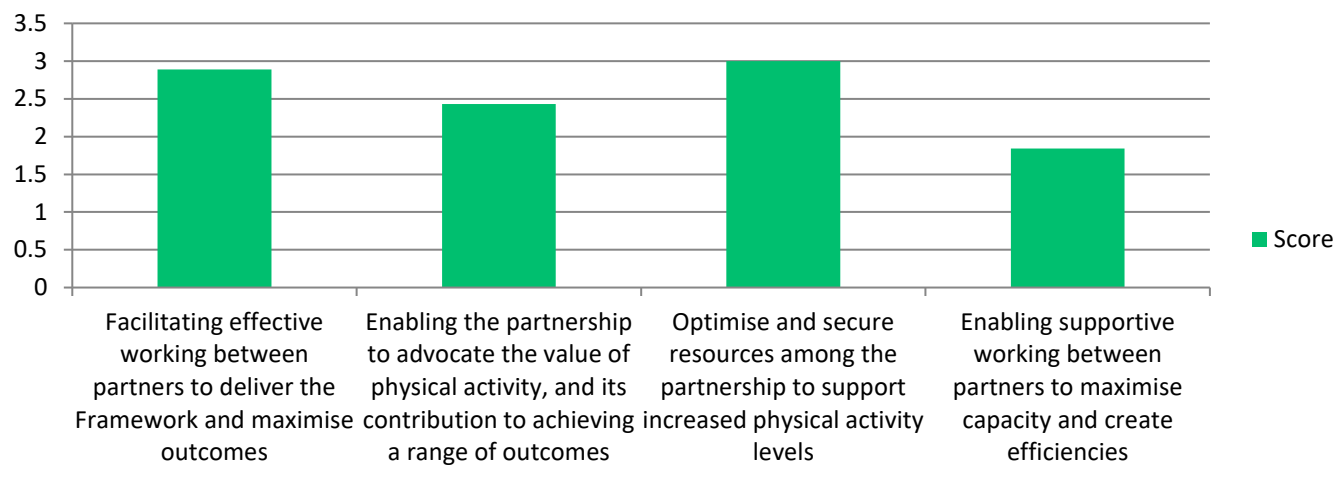


Table 16: Views on most important commitments in Aim 3

Commitments	1st Most Important		2nd Most Important		3rd Most Important		4th Most Important		Don't know/not sure		Total
	%	No	%	No	%	No	%	No	%	No	
Facilitating effective working between partners to deliver the Framework and maximise outcomes	29.79%	14	23.40%	11	8.51%	4	14.89%	7	23.40%	11	47
Enabling the partnership to advocate the value of physical activity, and its contribution to achieving a	18.18%	8	15.91%	7	27.27%	12	18.18%	8	20.45%	9	44

range of outcomes											
Optimising resources to support increased physical activity levels and healthier lifestyles	%26.09	1 2	32.61%	15	21.74%	10	2.17%	1	17.39%	8	46
Enabling supportive working between partners to maximise capacity and create efficiencies	%10.42	5	8.33%	4	18.75%	9	41.67%	20	20.83%	10	48

Views on commitment to include in Aim 3

Respondents were asked if there were any other Commitment they felt should be included in this Aim. 7 answers were received for this question.

There were no repeated themes within the comments in this section.

Table 17: Additional commitments respondents think should be included in Aim 3

What other commitments should be included in this Aim?	
Number of respondents who completed this question	7
Description / Type of verbatim comments	Number of comments
Pandemic Planning to continue physical exercise during periods of lockdown	1
Make the questioning more understandable	1
1. Partnerships Allow flexible working in the NHS so colleagues can attend fitness classes during the day. Royal Free London are on the list of partners. However, they do not promote fitness and exercise within their workforce due to rigid working conditions.	1

What other commitments should be included in this Aim?	
Number of respondents who completed this question	7
Description / Type of verbatim comments	Number of comments
<p>2. Place</p> <p>Have women only gym sessions as currently it is a very male dominant environment which can be intimidating.</p>	
<p>3. People</p> <p>Introduce incentives to coax beginners into physical activities.</p>	
<p>4. Partnerships</p> <p>Raise awareness with GPs (referrers) and patients about the Healthwise Physical Activity Programme and make funding available for reduced membership costs.</p>	
<p>5. People</p> <p>Recruitment drive to get more fitness instructors as current variety of classes are limited due to staff shortages.</p>	
<p>6. People</p> <p>Introduce gym buddies, mentors or small groups of people to support newcomers to exercise.</p>	
<p>7. Partnerships</p> <p>Change the work culture to promote physical exercise and relaxation techniques during the day to reduce stress and sedentary lifestyles.</p>	
<p>8. Place</p> <p>Meridian Wellbeing are doing a good job at the Meritage Centre in Hendon. They have weekly exercise classes both at the centre and online and are very friendly, supportive and inclusive.</p>	
<p>9. Partnerships</p>	

What other commitments should be included in this Aim?	
Number of respondents who completed this question	7
Description / Type of verbatim comments	Number of comments
Make sure CCGs consider properly the importance of physical exercise when making funding decisions.	
10. Partnerships Partners need to get more seriously involved. Make sure partners are properly committed to embedding a whole systems approach. Look properly at barriers to exercise ie. cost, time and consider incentives.	
Contracts should be given to the companies which uses sustainable and environmental friendly materials. They should not be personal profit making companies but they should be putting money back into the Barnet community projects.	1
get a less biased committee to ask the questions.	1
These questions are oddly worded	1
No	1

Suggestions of projects or interventions in Aim 3

Respondents were asked if they had any suggestions for programmes or interventions that could be done within this Aim. 10 respondents answered this question.

The most common themes (2 or more comments) are summarised below and more detailed comments are in table 18:

- Consider improvements to parks and open spaces infrastructure (3 comments)

Table 18: Suggestions for projects or interventions within Aim 3

Do you have any suggestions for projects or interventions that should be done within this Aim?	
Number of respondents who completed this question	10
Description / Type of verbatim comments	Number of comments
Pandemic Planning to continue physical exercise during periods of lockdown	1

Do you have any suggestions for projects or interventions that should be done within this Aim?	
Number of respondents who completed this question	10
Description / Type of verbatim comments	Number of comments
<p>1. Partnerships</p> <p>Allow flexible working in the NHS so colleagues can attend fitness classes during the day. Royal Free London are on the list of partners. However, they do not promote fitness and exercise within their workforce due to rigid working conditions.</p> <p>2. Place</p> <p>Have women only gym sessions as currently it is a very male dominant environment which can be intimidating.</p> <p>3. People</p> <p>Introduce incentives to coax beginners into physical activities.</p> <p>4. Partnerships</p> <p>Raise awareness with GPs (referrers) and patients about the Healthwise Physical Activity Programme and make funding available for reduced membership costs.</p> <p>5. People</p> <p>Recruitment drive to get more fitness instructors as current variety of classes are limited due to staff shortages.</p> <p>6. People</p> <p>Introduce gym buddies, mentors or small groups of people to support newcomers to exercise.</p> <p>7. Partnerships</p> <p>Change the work culture to promote physical exercise and relaxation techniques during the day to reduce stress and sedentary lifestyles.</p>	1

Do you have any suggestions for projects or interventions that should be done within this Aim?	
Number of respondents who completed this question	10
Description / Type of verbatim comments	Number of comments
<p>8. Place</p> <p>Meridian Wellbeing are doing a good job at the Meritage Centre in Hendon. They have weekly exercise classes both at the centre and online and are very friendly, supportive and inclusive.</p>	
<p>9. Partnerships</p> <p>Make sure CCGs consider properly the importance of physical exercise when making funding decisions.</p>	
<p>10. Partnerships</p> <p>Partners need to get more seriously involved.</p> <p>Make sure partners are properly committed to embedding a whole systems approach. Look properly at barriers to exercise ie. cost, time and consider incentives.</p>	
Make more football pitches	3
More table tennis tables in parks. More safe bike parking places. More safe streets with fewer cars	3
Model flying field for Barnet as they seem to have forgotten its an amature sport.	3
We need to better promote the existing forums and how people can get involved.	1
All the titles are very wordy. Consider simplifying these so people can understand them!	1
No	1
None	1

Views on the whole draft Fit and Active Framework 2022-2026

Respondents were asked if they had any other comments on the draft FAB Framework after completing the questions on specific sections of the Framework. 15 responses to this question were received.

- The most common themes (2 or more comments) are summarised below and more detailed comments are in table 19:
 - Comments on community support (3 comments)
 - Improve active travel infrastructure (2 comments)

Table 19: Any other comments from respondents on the draft FAB Framework

Do you have any other comments on our Draft Joint Health and Wellbeing Framework?	
Number of respondents who completed this question	15
Description / Type of verbatim comments	Number of comments
Pandemic Planning to continue physical exercise during periods of lockdown	1
the questioning should be more down to earth.	1
<p>1. Partnerships</p> <p>Allow flexible working in the NHS so colleagues can attend fitness classes during the day. Royal Free London are on the list of partners. However, they do not promote fitness and exercise within their workforce due to rigid working conditions.</p> <p>2. Place</p> <p>Have women only gym sessions as currently it is a very male dominant environment which can be intimidating.</p> <p>3. People</p> <p>Introduce incentives to coax beginners into physical activities.</p> <p>4. Partnerships</p> <p>Raise awareness with GPs (referrers) and patients about the Healthwise Physical Activity Programme and make funding available for reduced membership costs.</p>	1

Do you have any other comments on our Draft Joint Health and Wellbeing Framework?	
Number of respondents who completed this question	15
Description / Type of verbatim comments	Number of comments
<p>5. People</p> <p>Recruitment drive to get more fitness instructors as current variety of classes are limited due to staff shortages.</p> <p>6. People</p> <p>Introduce gym buddies, mentors or small groups of people to support newcomers to exercise.</p> <p>7. Partnerships</p> <p>Change the work culture to promote physical exercise and relaxation techniques during the day to reduce stress and sedentary lifestyles.</p> <p>8. Place</p> <p>Meridian Wellbeing are doing a good job at the Meritage Centre in Hendon. They have weekly exercise classes both at the centre and online and are very friendly, supportive and inclusive.</p> <p>9. Partnerships</p> <p>Make sure CCGs consider properly the importance of physical exercise when making funding decisions.</p> <p>10. Partnerships</p> <p>Partners need to get more seriously involved.</p> <p>Make sure partners are properly committed to embedding a whole systems approach. Look properly at barriers to exercise ie. cost, time and consider incentives.</p>	
<p>If you want people to be fitter, you need to make fitness classes, swimming pools, gyms etc more affordable. Compare Better prices with neighbouring boroughs. Look at the range of classes offered at Better leisure centres here compared with neighbouring boroughs. Hardly</p>	1

Do you have any other comments on our Draft Joint Health and Wellbeing Framework?	
Number of respondents who completed this question	15
Description / Type of verbatim comments	Number of comments
any fitness classes held in the evenings at Copthall. Hardly ideal for people who work 9-5 and want to do a class in the evening.	
Utility cycling needs to be enabled by means of a high-quality, high-density network of cycle routes in the borough. Routes should be protected from motor traffic and not conflict with pedestrians.	2
Make more football pitches available	1
Take into consideration how safe people feel exercising in the borough or getting to places to exercise	1
Great Idea!	1
See my comment earlier.	1
Drive less, walk/cycle more. Multiple benefits.	2
Please don't ram it down our throats .More community activity centers would help .	2
I would love to see some more tangible examples eg does community activity mean more tennis courts in parks? What's does active travel mean to the council - I'd love it if reducing car journeys and getting people walking or on bikes was a solution you were properly considering but the way you've worded it I have no idea if that's what you're proposing	1
Inviting residents to the partnership board where appropriate e.g. youth parliament	2
No	1
None at all	1

Appendix I: Draft framework consultation questionnaire

Barnet Draft Fit & Active Barnet Framework 2022-26 Consultation

Introduction

The Framework builds on the success of our previous Fit & Active Barnet Framework (2016 – 2021). It sets out our whole-systems approach for physical activity in Barnet over the next four years by outlining our vision of creating a more active and healthier borough. In order to achieve this vision, we have identified aims within the context of People, Place and Partnerships.

For more information on our Draft Fit and Active Barnet Framework 2022-26, please take the time to read our consultation document, and then complete this questionnaire.

Before completing this survey

Please read the information in this booklet in full before answering the questionnaire. You can visit www.engage.barnet.gov.uk or you can email: sport@barnet.gov.uk for further information.

Thank you for your time – your participation in this consultation is greatly appreciated.

Confidentiality

The council does not collect personal information in this questionnaire, which means the information you provide is anonymous. We do not ask for your name, address, email address, telephone number, full post code or any other information that would allow us to identify you. The information you choose to give us in the equalities questions is also anonymous so we cannot identify you from it.

Since the data we collect is anonymous, it is not considered to be personal data under data protection legislation (such as the General Data Protection Regulation or the Data Protection Act 2018).

If you have any questions about this statement please email first.contact@barnet.gov.uk

Section 1: Our vision and guiding principles

Our vision: Is to ensure that anyone that lives, works, or studies in Barnet is provided with the encouragement, opportunity and environment needed to create a more active and healthier borough.

1. To what extent do you agree or disagree with the Fit & Active Barnet vision?
(Please tick one option only)

- | | |
|----------------------------|--------------------------|
| Strongly agree | <input type="checkbox"/> |
| Tend to agree | <input type="checkbox"/> |
| Neither agree nor disagree | <input type="checkbox"/> |
| Tend to disagree | <input type="checkbox"/> |
| Strongly disagree | <input type="checkbox"/> |
| Don't know | <input type="checkbox"/> |

2. If you disagree, please give reasons for your answer? (Please write in your answer)

To achieve our vision, we will apply the following principles:

1. Make physical activity everyone's business:

Ensure physical activity is not just the business of typical 'sports' agencies but is considered by all

2. Promote equality and reduce inequality:

Make Barnet a place where everyone can lead more active and healthier lifestyles

3. Embed a whole systems approach:

Implement a whole systems approach, by working collaboratively with partners and the community to co-produce and support delivery

4. Be driven by insight:

Invest time to understand and challenge barriers to participation by engaging with communities and using a robust evidence base to inform and guide decisions

5. Challenge the status quo:

Explore innovative approaches which may be less traditional, whilst attracting investment into the borough

3. To what extent do you agree or disagree with the guiding principles of the Framework? (Please tick one option on each row)

	Strongly Agree	Tend to agree	Neither agree nor disagree	Tend to disagree	Strongly disagree	Not sure/ Don't know
Make physical activity everyone's business	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Embed a whole systems approach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Be driven by insight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Challenge the status quo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Promote equality and reduce inequality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. If you disagree with any of these please give a reason for your answer, stating the principle you are referring to? (please write in your answer)

Our aims

We identified three aims to help us create a more active and healthier borough.

Aim1: People, increase physical activity levels amongst everyone

Aim 2: Place, provide environments that support active lifestyles

Aim 3: Partnerships, work together to embed physical activity at every opportunity

Further information on how we plan to deliver these aims can be found under page ? -?

5. Is there anything else you think we should consider for our guiding principles?
(Please write in your answer)

6. To what extent do you agree or disagree the Aims included within the Framework? (Please tick one option on each row)

Aims	Strongly Agree	Tend to agree	Neither agree nor disagree	Tend to disagree	Strongly disagree	Not sure/ Don't know
People	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Place	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Partnerships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7. If you disagree with any of these please give a reason for your answer, stating the Aim you are referring to? (please write in your answer)

8. **Is there anything else you think we should consider for our Aims?** (Please write in your answer)

Section 2: People

Aim 1 is about increasing physical activity levels amongst everyone.

9. **Referring to the commitments within this aim, please indicate how important these are to you.** (Please tick one box per row and column)

	1 st Most Important	2 nd Most Important	3 rd Most Important	4 th Most Important	Don't know/not sure
Advocating for active lifestyles to be embedded within local policy, strategies and plans and that this is at the forefront of decision making.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Providing opportunities to be active, particularly where physical activity levels are lowest, and inequalities exist.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Changing behaviours and perceptions towards leading an active and healthier lifestyle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand the barriers to participation and identify gaps in provision, to ensure equal and fair access to opportunities for everyone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10. Are there any other Commitment you think should be considered in this aim?
(Please tick one option only)

Yes..... Go to Q11

No Go to Q12

11. What other Commitments should be included in this aim? (Please write in your answer)

Section 3: Place

Aim 2 is about providing environments that support active lifestyles.

13. Referring to the commitments within this aim, please indicate how important these are to you. (Please tick one box per row and column)

	1 st Most Important	2 nd Most Important	3 rd Most Important	4 th Most Important	5 th Most Important	Don't know/not sure
Advocating for active environments to be embedded within local policy, strategies and plans and that this is at the forefront of decision making	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Supporting the protection, revival, and creation of accessible environments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Creating a sense of place and connectivity by animating community spaces through the delivery of targeted interventions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Creating a culture that optimises active travel in the borough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Encouraging workplaces in the borough to embed physical activity and wellbeing within their business	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

14. Are there any other commitments you think should be considered in this aim? (Please tick one option only)

- Yes..... Go to Q15
- No Go to Q16

15. What other commitments should be included in this aim? (Please write in your answer)

16. Do you have any suggestions for projects or interventions that should be considered within this aim? (Please write in your answer)

Section 4: Partnerships

Aim 3 is about working together to embed physical activity at every opportunity

17. Referring to the commitments within this aim, please indicate how important these are to you. (Please tick one box per row and column)

	1 st Most Important	2 nd Most Important	3 rd Most Important	Don't know/not sure
Advocating the value of physical activity, and its contribution towards achieving a range of health and wellbeing outcomes, and ensuring the integration within all relevant pathways	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Optimising resources to support increased physical activity levels and healthier lifestyles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Enabling supportive working between partners to maximise capacity and create efficiencies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

18. Are there any other commitments you think should be considered in this aim?
 (Please tick one option only)

Yes..... Go to Q19

No Go to Q20

19. What other commitments should be included in this aim? (Please write in your answer)

20. Do you have any suggestions for projects or interventions that should be considered within this aim? (Please write in your answer)

21. Do you have any other comments on our Draft Fit & Active Barnet Framework?
(Please write in your answer)

Section 7: About you

When consulting with our residents and service users Barnet Council needs to understand the views of our different communities.

Please be assured that all your answers will be treated in the strictest of confidence and will be stored securely in an anonymous format.

We have taken every care to ensure that questionnaires are carried out and the information stored in compliance with all relevant legal and regulatory requirements, including the General Data Protection Regulation 2018.

So that we can analyse the findings by different locations in the borough, please can you provide the Barnet ward that you live in.

If you do not know the Barnet ward that you live in you can find it by clicking [here](#) and

entering your postcode. You should then see a page like the image below - you will find the name of your ward on the left-hand side of the page under the heading "Your councillors". In this example, the name of the ward is Brunswick Park.

22. Which ward do you live in? If you live outside Barnet please select other and specify ... (Please select one option only)

Brunswick Park
Burnt Oak
Childs Hill
Colindale
Coppetts
East Barnet
East Finchley
Edgware
Finchley Church End
Garden Suburb
Golders Green
Hale
Hendon
High Barnet
Mill Hill
Oakleigh
Totteridge
Underhill
West Finchley
West Hendon

Woodhouse
Other

23. Optional: Please provide the first half of your postcode (e.g. NW11): (Please type in your answer)

24. Are you responding as: (Please tick one option only)

A Barnet resident	<input type="checkbox"/>	Go to Q 27
Barnet business	<input type="checkbox"/>	Go to Q 27
A person who works in the London Borough of Barnet area	<input type="checkbox"/>	Go to Q 27
A Barnet business	<input type="checkbox"/>	Go to Q 27
Representing a voluntary/community organisation	<input type="checkbox"/>	Go to Q 25
Representing a public-sector organisation	<input type="checkbox"/>	Go to Q 26
Other (please specify)	<input type="checkbox"/>	Go to Q 27

25. Please specify the type of stakeholders or residents your community group or voluntary organisation represents: (Please type in your answer)

26. Please specify the type of public sector organisation you are representing: (Please type in your answer)

Community Group, Voluntary, or Public-Sector Organisation - Route to end of questionnaire

27. Are you currently employed, self-employed, retired or otherwise not in paid work?
(Please tick one option only)

- An employee in a full-time job (31 hours or more per week)
- An employee in a part time job (Less than 31 hours per week)
- Self-employed (full or part-time)

- On a Government supported training programme (e.g. Modern Apprenticeship or Training for Work)
- In full- time education at school, college or university
- Unemployed and available for work
- Permanently sick or disabled
- Wholly retired from work
- Looking after the home
- Doing something else (please specify)

28. Does your household own or rent this accommodation? (Please tick one option only)

- Own* Owned with a mortgage or loan
- Own* Owned outright
- Own* Other owned – record word for word
- Rent* Rented from Council
- Rent* Rented from a Housing Association or another Registered Social Landlord
- Rent* Rented from a private landlord
- Rent* Other rented or living here rent free – record word for word

Both Part rent and part mortgage (shared ownership)

Don't know –

Section 7: Diversity monitoring

The Equality Act 2010 identifies nine protected characteristics: age, disability, gender reassignment, marriage or civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation, and requires the council to pay due regard to equalities in eliminating unlawful discrimination, advancing equality of opportunity and fostering good relations between people from different groups. We ask questions about the groups so that we can assess any impact of our services and practices on different groups. The information we collect helps the council to check that our policies and services are fair and accessible.

Collecting this information will help us understand the needs of our different communities and we encourage you to complete the following questions.

All your answers will be treated in confidence and will be stored securely in an anonymous format. All information will be stored in accordance with our responsibilities under the Data Protection Act 1998.

For the purposes of this questionnaire we are asking ? of the protected characteristics included in the Equality Act 2010.

29. In which age group do you fall? (Please tick one option only)

16-17	<input type="checkbox"/>	55-64	<input type="checkbox"/>
18-24	<input type="checkbox"/>	65- 74	<input type="checkbox"/>
25-34	<input type="checkbox"/>	75+	<input type="checkbox"/>
35-44	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
45-54	<input type="checkbox"/>		

30. Are you: (Please tick one option only)

Male	<input type="checkbox"/> Go to Q32	Female	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/> Go to Q32
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If you prefer to use your own term please provide it here: (Please type in your answer) (Go to Q29)

Females only: Pregnant and on maternity leave

As part of the Equality Act 2010 the council has a statutory requirement to collect information in relation to 'protected characteristics' which includes information on women who are pregnant and on maternity leave. Answering this question will assist us in meeting our legal obligations. It will also help us understand the different needs of our communities.

31. Are you pregnant and/or on maternity leave? (Please tick one option on each row)

	Yes	No	Prefer not to say
I am pregnant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am currently on maternity leave	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

As part of the Equality Act 2010 the council has a statutory requirement to collect information and pay due regard in relation to 'protected characteristics' which includes gender re assignment. Answering this question will assist us in meeting our legal obligations. It will also help us understand the different needs of our communities.

32. Is your gender identity different to the sex you were assumed to be at birth? (Please tick one option only)

Yes, it's different	No, it's the same	Prefer not to say
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

33. What is your ethnic origin? (Please tick one option only)

Asian / Asian British		Other ethnic group	
Bangladeshi	<input type="checkbox"/>	Arab	<input type="checkbox"/>
Chinese	<input type="checkbox"/>	Any other ethnic group (✓ AND TYPE BELOW)	<input type="checkbox"/>
Indian	<input type="checkbox"/>	White	
Pakistani	<input type="checkbox"/>	British	<input type="checkbox"/>
Any other Asian background (✓ AND TYPE BELOW)	<input type="checkbox"/>	Greek / Greek Cypriot	<input type="checkbox"/>

Black / African / Caribbean / Black British		Gypsy or Irish Traveller	<input type="checkbox"/>
African	<input type="checkbox"/>	Irish	<input type="checkbox"/>
British	<input type="checkbox"/>	Turkish / Turkish Cypriot	<input type="checkbox"/>
Caribbean	<input type="checkbox"/>	Any other White background (✓ AND TYPE BELOW)	<input type="checkbox"/>
Any other Black / African / Caribbean background (✓ AND TYPE BELOW)	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
Mixed / Multiple ethnic groups		
White & Asian	<input type="checkbox"/>		
White & Black African	<input type="checkbox"/>		
White & Black Caribbean	<input type="checkbox"/>		
Any other Mixed / Multiple ethnic background (✓ AND TYPE BELOW)	<input type="checkbox"/>		

Disability

The Equality Act 2010 defines disability as ‘a physical or mental impairment that has a substantial and long-term adverse effect on his or her ability to carry out normal day-to-day activities’.

In this definition, long- term means more than 12 months and would cover long-term illness such as cancer and HIV or mental health problems.

34. Do you consider that you have a disability as outlined above? (Please tick one option only)

Yes No (Please go to Q33)

If you have answered ‘yes’, please select the definition(s) from the list below that best describes your disability/disabilities:

Hearing (such as deaf, partially deaf or hard of hearing)	<input type="checkbox"/>	Reduced Physical Capacity (such as inability to lift, carry or otherwise move everyday objects, debilitating pain and lack of strength, breath energy or stamina, asthma, angina or diabetes)	<input type="checkbox"/>
Vision (such as blind or fractional/partial sight. Does not include people whose visual problems can be corrected by glasses/contact lenses)	<input type="checkbox"/>	Severe Disfigurement	<input type="checkbox"/>
		Learning Difficulties (such as dyslexia)	<input type="checkbox"/>
Speech (such as impairments that can cause communication problems)	<input type="checkbox"/>	Mental Illness (substantial and lasting more than a year, such as severe depression or psychoses)	<input type="checkbox"/>
Mobility (such as wheelchair user, artificial lower limb(s), walking aids, rheumatism or arthritis)	<input type="checkbox"/>	Physical Co-ordination (such as manual dexterity, muscular control, cerebral palsy)	<input type="checkbox"/>
Other disability, please specify			
Prefer not to say <input type="checkbox"/>			

35. What is your religion or belief? (Please tick one option only)

Baha'i	<input type="checkbox"/>	Jain	<input type="checkbox"/>
Buddhist	<input type="checkbox"/>	Jewish	<input type="checkbox"/>
Christian	<input type="checkbox"/>	Muslim	<input type="checkbox"/>
Hindu	<input type="checkbox"/>	Sikh	<input type="checkbox"/>
Humanist	<input type="checkbox"/>	No Religion	<input type="checkbox"/>
Prefer not to say	<input type="checkbox"/>	Other religion/belief (Please specify)	<input type="checkbox"/>

36. What is your sexual orientation? (Please tick one option only)

Bisexual	<input type="checkbox"/>	Lesbian	<input type="checkbox"/>
Gay	<input type="checkbox"/>	Other	
Heterosexual	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>

In addition, if you prefer to define your sexuality in terms other than those used above, please let us know below: (Please type in your answer)

5. End of the questionnaire

Thank you for taking part in our questionnaire. Once you press 'submit' your responses will automatically be submitted to Barnet Council.

Appendix II: Draft framework consultation document



BARNET DRAFT FIT & ACTIVE BARNET FRAMEWORK 2022 – 2026 CONSULTATION

CONSULTATION DOCUMENT 12TH JANUARY 2022 – 9TH FEBRUARY 2022

INTRODUCTION

The Framework builds on the success of our previous Fit & Active Barnet Framework (2016 – 2021). It sets out our whole-systems approach for physical activity in Barnet over the next four years by outlining our vision of creating a more active and healthier borough. To achieve this vision, we have identified aims within the context of People, Place and Partnerships.

HOW TO HAVE YOUR SAY

This consultation is open to anyone that lives, studies, or works in Barnet.

You can give your feedback by completing our online questionnaire at engage.barnet.gov.uk

If you require a paper copy of the questionnaire, or another format, please email: sport@barnet.gov.uk or phone 0208 359 6314.

Your input will be used by the council to shape the final version of the Fit & Active Barnet Framework that will be presented to Adults & Safeguarding Committee in March 2022.

The consultation is open from 12th January 2022 to 9th February 2022

OUR VISION

Is to 'create a more active and healthy borough'.

We are seeking your views on:

To what extent do you agree or disagree with the Fit & Active Barnet vision?

OUR GUIDING PRINCIPLES

To achieve our vision, we will apply the following principles:

1. Make physical activity everyone's business:

Ensure physical activity is not just the business of typical 'sports' agencies but is considered by all

2. Promote equality and reduce inequality:

Make Barnet a place where everyone can lead more active and healthier lifestyles

3. Embed a whole systems approach:

Implement a whole systems approach, by working collaboratively with partners and the community to co-produce and support delivery

4. Be driven by insight:

Invest time to understand and challenge barriers to participation by engaging with communities and using a robust evidence base to inform and guide decisions

5. Challenge the status quo:

Explore innovative approaches which may be less traditional, whilst attracting investment into the borough

OUR AIMS

We identified three aims to help us create a more active and healthier borough.

AIM 1	AIM 2	AIM 3
People: increase physical activity levels amongst everyone	Place: provide environments that support active lifestyles	Partnerships: work together to embed physical activity at every opportunity

We are seeking your views on:

To what extent do you agree or disagree with Aims included within the Framework?

Is there anything else you think we should consider for our Aims?

AIM 1: PEOPLE

We aim to increase physical activity levels amongst everyone

Our commitments 'we will do this by':

- Providing opportunities to be active, particularly, where physical activity levels are lowest, and inequalities exist
- Understanding the barriers to participation and addressing gaps in provision, to ensure equal and fair access for everyone
- Changing behaviours and perceptions towards leading an active and healthier lifestyle
- Advocating for active lifestyles to be embedded within local policies, strategies and plans and ensure that this is central to decision making

We are seeking your views on:

How important are the Commitments to you?

Are there any other Commitments you think should be considered within this Aim?

Do you have any suggestions for projects or interventions that should be considered within this Aim?

AIM 2: PLACE

We aim to provide environments that support active lifestyles

Our commitments 'we will do this by':

- Supporting the protection, revival, and creation of accessible environments
- Enhancing community spaces through the delivery of targeted physical activity interventions
- Creating a culture that optimises active travel in the borough
- Encouraging workplaces in the borough to embed physical activity and wellbeing within their business
- Advocating for active environments to be embedded within local policy, strategies and plans and that this is central to decision making

We are seeking your views on:

How important are the commitments to you?

Are there any other commitments you think should be considered within this Aim?

Do you have any suggestions for projects or interventions that should be considered within this Aim?

AIM 3: PARTNERSHIPS

We aim to work together to embed physical activity at every opportunity

Our Commitments ‘we will do this by’:

- Facilitating effective working between partners to deliver the Framework and maximise outcomes
- Enabling the partnership to advocate the value of physical activity, and its contribution to achieving a range of outcomes
- Optimise and secure resources among the partnership to support increased physical activity levels

We are seeking your views on:

How important are the commitments to you?

Are there any other commitments you think should be considered within this Aim?

Do you have any suggestions for projects or interventions that should be considered within this Aim?

We are seeking your views on:

Do you have any other comments on our draft Fit & Active Barnet Framework?